

Midwives Deliver Positive Birth Outcomes

DECREASED RISKS
The risk of infant death is **19% lower** with midwife attended births.¹

Risk of neo-natal mortality is **33% lower**

HIGHER BIRTH WEIGHT
The risk of delivering a low birth weight infant is **31% lower**, for midwife attended births.²

Mean birth weight is **37 grams heavier**

WHY MORE WOMEN ARE CHOOSING MIDWIFERY CARE

Respect, compassion and increased sense of control throughout the labor and birthing experience

Hands on approach and a supportive relationship with providers during labor and birth

Prenatal education focusing on health promotion risk reduction behavior

MIDWIVES PROVIDE CARE TO SUIT THE UNIQUE AND INDIVIDUAL NEEDS OF EACH WOMAN AND HER FAMILY

Connections to additional patient advocacy and navigation services

Women are more likely to receive preventative and supportive care

MIDWIVES ENSURE HEALTHY OUTCOMES & REDUCED HEALTHCARE COSTS

HIGHER RATES OF SATISFACTION WITH CARE

- ✓ Prenatal education on health promotion³
- ✓ Increased preparedness for labor and birth⁴
- ✓ More hands-on approach⁵
- ✓ Patient advocacy and navigation⁶

SHORTER HOSPITAL STAYS

- ✓ Fewer preterm births⁷
- ✓ Less medical interventions⁸
- ✓ Reduced labor inductions⁹
- ✓ Lower use of regional anesthesia¹⁰
- ✓ Decreased rates of cesarean birth¹¹
- ✓ 50% reduction in delivery cost¹²

MIDWIVES PROVIDE WELLCARE SERVICES FROM ADOLESCENCE TO MENOPAUSE

Annual exams
Writing prescriptions
Basic nutrition counseling
Parenting education
Patient education
Reproductive health visits

ADOLESCENTS

WOMEN

PRENATAL CARE & PREGNANCY

LABOR & DELIVERY

NEWBORN CARE & MOTHERHOOD

MENOPAUSE

Notes: 1. <http://www.cdc.gov/nchs/pressroom/98news/midwife.htm> 2. <http://www.cdc.gov/nchs/pressroom/98news/midwife.htm> 3. Listening to mothers II: report of the second national survey of women's childbearing experiences. Declerqu, ER, Sakala, C Corry, MP, et al. http://www.childbirthconnection.org/pdf.asp?PDFDownload=LTMII_report. Published October, 2006. Accessed March 28, 2012. 4. Group Prenatal Care and Perinatal Outcomes: A Randomized Controlled Trial Jeannette R. Ickovics, Trace S. Kershaw, Claire Westdahl, Urania Magriples, Zohar Massey, Heather Reynolds, Sharon Schindler Rising Obstet Gynecol. Author manuscript; available in PMC 2008 March 31. Published in final edited form as: Obstet Gynecol. 2007 August; 110(2 Pt 1): 330-339. doi: 10.1097/01.AOG.0000275284.24298.23 PMCID: PMC2276878 5. Group Prenatal Care and Perinatal Outcomes: A Randomized Controlled Trial Jeannette R. Ickovics, Trace S. Kershaw, Claire Westdahl, Urania Magriples, Zohar Massey, Heather Reynolds, Sharon Schindler Rising Obstet Gynecol. Author manuscript; available in PMC 2008 March 31. Published in final edited form as: Obstet Gynecol. 2007 August; 110(2 Pt 1): 330-339. doi: 10.1097/01.AOG.0000275284.24298.23 PMCID: PMC2276878 7. <http://www.internationalmidwives.org/what-we-do/promotional-material/infographics.html> 9. Advanced practice nursing outcomes 1990-2008: a systematic review. Newhouse RP, Stanik-Hutt J, White KM, et al. Nurs Econ. 2011;29(5):1-22 10. Advanced practice nursing outcomes 1990-2008: a systematic review. Newhouse RP, Stanik-Hutt J, White KM, et al. Nurs Econ. 2011;29(5):1-22