

PEDALS Booklist

These are books recommended by the Second Step program, PEDALS teachers, and PEDALS staff. Those books recommended by PEDALS teachers were reported by those teachers as being utilized for that lesson.¹

Recommendations from PEDALS teachers, staff, and Early Childhood Coaches for ways to obtain books:

1. Share with other teachers! Most PEDALS sites have multiple classrooms—what books are other classrooms using, and where are they getting those books from?
2. The local public library, utilizing inter-library loan when necessary
3. Barnes and Noble online story time: www.barnesandnoble.com/u/online-storytime-books-toys/379003588/ (includes many books with pictures for free)

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¹ Books are not necessarily endorsed by Second Step, the PEDALS project, or those organizations associated with the PEDALS project

| Unit 1: Skills for Learning | | |
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| Book | Recommended or used by | Description |
| Lesson 1: Welcoming | | |
| <i>Froggy Goes to School</i> by Jonathan London, illustrated by Frank Remkiewicz | Second Step | It's Froggy's first day of school, and he's nervous! The illustrations and simple words show children how Froggy successfully makes it through his first day. |
| <i>Have You Filled a Bucket Today?</i> by Carol McCloud, illustrated by David Messing | Second Step | This books helps set a positive tone for your classroom by giving children a visual way to think about kindness toward others. |
| <i>We All Sing with the Same Voice</i> by J. Philip Miller Miller and Sheppard M. Greene, illustrated by Paul Meisel | Second Step | The words to the welcoming song for the popular children's television series, Sesame Street, are matched with illustrations in this lively book for children. It show children that even though they may come from different places, they are still basically the same. |
| <i>Bear's New Friend</i> by Karma Wilson and Jane Chapman. | PEDALS Teacher | |
| <i>Caps for Sale: A Tale of a Peddler, Some Monkeys and Their Monkey Business</i> by Esphyr Slobodkina | PEDALS Teacher | |
| <i>Clifford Goes to Dog School</i> by Norman Bridwell | PEDALS Teacher | |
| <i>David Goes to School</i> by David Shannon | PEDALS Teacher | |
| <i>Franklin Goes to School</i> by Paulette Bourgeois, Illustrated by Brenda Clark | PEDALS Teacher | |
| <i>Hello World! Greetings in 42 Languages Around the Globe!</i> By Manya Stojic | PEDALS Teacher | |
| <i>I Love School!</i> By Hans Wilhelm | PEDALS Teacher | |
| <i>Llama Llama Mad at Mama</i> by Anna Dewdney | PEDALS Teacher | |
| <i>My Friend and I</i> by Lisa Jahn-Clough | PEDALS Teacher | |
| <i>New Bear at School</i> by Carrie Weston Illustrated by Tim Warnes | PEDALS Teacher | |
| <i>Pete the Cat: Rocking in My School Shoes</i> by Eric Litwin, Illustrated by James Dean | PEDALS Teacher | |
| <i>The Grouchy Ladybug</i> Written and Illustrated by Eric Carle | PEDALS Teacher | |
| <i>The Kissing Hand</i> by Audrey Penn Illustrated by Ruth Harper and Nancy Leak | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>Tom Goes to Kindergarten</i> by Margaret Wild, Illustrated by David Legge | PEDALS Teacher | |
| <i>Will You Be My Friend?: A Bunny and Bird Story</i> by Nancy Tafuri | PEDALS Teacher | |
| Lesson 2: Listening | | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | Second Step | Promote children's school readiness and encourage positive listening skills with this fun story about a bunny named Howard B. Wigglebottom. |

| Unit 1: Skills for Learning | | |
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| Book | Recommended or used by | Description |
| <i>My Mouth is a Volcano</i> by Julia Cook, illustrated by Carrie Hartman | Second Step | Told from the child's perspective, this entertaining book helps children understand the importance of respecting others by listening and waiting for their turn to speak. |
| <i>A Book About Interrupting</i> by Joy Wilt Berry | PEDALS Teacher | |
| <i>Animal Strike at the Zoo. It's True!</i> By Karma Wilson, Illustrated by Margaret Spengler | PEDALS Teacher | |
| <i>Chicken Chickens Go to School</i> by Valeri Gorbachev Mikhail | PEDALS Teacher | |
| <i>First Day at School</i> by Ronne Randall, Illustrated by Sue King | PEDALS Teacher | |
| <i>Glad Monster, Sad Monster</i> by Ed Emberley and Anna Miranda | PEDALS Teacher | |
| <i>Have You Filled a Bucket Today?</i> by Carol McCloud, illustrated by David Messing | PEDALS Teacher | |
| <i>I Have a Little Problem, Said the Bear</i> by Heinz Janisch, Illustrated by Silke Leffler | PEDALS Teacher | |
| <i>If You're Happy and You Know It</i> by Jane Cabrera | PEDALS Teacher | |
| <i>Larry Learns to Listen</i> by Karen Poth | PEDALS Teacher | |
| <i>Listen, Buddy</i> by Lynn Munsinger, Illustrated by Helen Lester | PEDALS Teacher | |
| <i>Listening Time</i> by Elizabeth Verdick, Illustrated by Marieka Heinlen | PEDALS Teacher | |
| <i>No, David!</i> By David Shannon | PEDALS Teacher | |
| <i>Sometimes You Get What You Want</i> by Meredith Gary, Illustrated by Lisa Brown | PEDALS Teacher | |
| <i>That Pup!</i> By Lindsay Barrett George | PEDALS Teacher | |
| <i>The Listening Walk</i> by Paul Showers, illustrated by Alikei | PEDALS Teacher | |
| <i>The Little Old Lady Who Was Not Afraid of Anything</i> by Linda Williams, Illustrated by Megan Lloyd | PEDALS Teacher | |
| <i>The Little Red Hen</i> by Paul Galdone | PEDALS Teacher | |
| <i>The Rainbow Fish</i> by Marcus Pfister | PEDALS Teacher | |
| <i>The Very Hungry Caterpillar</i> Written and Illustrated by Eric Carle | PEDALS Teacher | |
| <i>Why Am I Different?</i> by Norma Simon, Illustrated by Dora Leder | PEDALS Teacher | |
| Lesson 3: Focusing Attention | | |
| <i>Listen and Learn</i> by Cheri J. Meiners | Second Step | This colorful book helps children understand what it looks like and means to listen and focus their attention. |
| <i>The Listening Walk</i> by Paul Showers, illustrated by Alikei | Second Step | As a father and child take a walk together, they listen and focus their attention on all the sounds that are around them. Read this story to children before taking children on their own "listening walk." |

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| Book | Recommended or used by | Description |
| <i>A Book About Interrupting</i> by Joy Wilt Berry | PEDALS Teacher | |
| <i>Brown Bear, Brown Bear, What Do You See?</i> By Bill Martin, Illustrated by Eric Carle and Stringari | PEDALS Teacher | |
| <i>Caterpillar to Butterfly</i> by Elizabeth Rodger | PEDALS Teacher | |
| <i>Clifford The Firehouse Dog</i> by Norman Bridwell | PEDALS Teacher | |
| <i>From Caterpillar to Butterfly</i> by Deborah Heiligman, Illustrated by Bari Weissman | PEDALS Teacher | |
| <i>From Head to Toe</i> by Eric Carle | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>Otis</i> by Loren Long | PEDALS Teacher | |
| <i>Spookley the Square Pumpkin</i> by Joe Troiano | PEDALS Teacher | |
| <i>The Lion and the Mouse</i> by Aesop | PEDALS Teacher | |
| <i>This Morning Sam Went to Mars: A book about paying attention</i> by Nancy Carlson | PEDALS Teacher | |
| <i>Tikki Tikki Tembo</i> by Arlene Mosel, Illustrated by Blair Lent | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>We Are All Alike... We Are All Different</i> by Cheltenham Elementary School | PEDALS Teacher | |
| <i>Why Am I Different?</i> by Norma Simon, Illustrated by Dora Leder | PEDALS Teacher | |
| <i>Wise Up Silly Owl!</i> By Steve Metzger, Illustrated by Hans Wilhelm | PEDALS Teacher | |
| Lesson 4: Self-Talk | | |
| <i>Katy and the Big Snow</i> by Virginia Lee Burton | Second Step | Katy is a tractor that uses self-talk and determination to save the day in a small town that gets hit by a blizzard. |
| <i>The Little Engine That Could</i> by Watty Piper | Second Step | This is a classic story of a little engine that uses positive self-talk to help him get to the top of a high mountain. |
| <i>Angry Octopus: An Anger Management Story Introducing Active Progressive Muscular Relaxation and Deep Breathing</i> by Lori Lite | PEDALS Teacher | |
| <i>Cool Down and Work Through Anger</i> by Cheri J. Meiners | PEDALS Teacher | |
| <i>Do I Have To?: Kids Talk about Responsibility</i> by Nancy Loewen, Illustrated by Omarr Wesley and Brandon Reibeling | PEDALS Teacher | |

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| Book | Recommended or used by | Description |
| <i>Don't Forget the Bacon!</i> by Pat Hutchins | PEDALS Teacher | |
| <i>From Head to Toe</i> by Eric Carle | PEDALS Teacher | |
| <i>How Are You Feeling?</i> by Saxton Freymann and Joost Elffers | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>Just For You!: My Shoelaces Are Hard to Tie!</i> by Karla Robertson, Illustrated by Vanessa Holley | PEDALS Teacher | |
| <i>My Truck is Stuck</i> by Kevin Lewis and Daniel Kirk | PEDALS Teacher | |
| <i>No More Hitting for Little Hamster!</i> by Bernette Ford | PEDALS Teacher | |
| <i>Pete the Cat: I Love My White Shoes</i> by James Dean and Eric Litwin | PEDALS Teacher | |
| <i>Sometimes I'm Bombaloo</i> by Rachel Vail, Illustrated by Yumi Heo | PEDALS Teacher | |
| <i>Sometimes You Get What You Want</i> by Meredith Gary, Illustrated by Lisa Brown | PEDALS Teacher | |
| <i>Stand Tall, Molly Lou Melon</i> by Patty Lovell, Illustrated by David Catrow | PEDALS Teacher | |
| <i>The Lion and the Mouse</i> by Aesop | PEDALS Teacher | |
| <i>The Listening Walk</i> by Paul Showers, illustrated by Alike | PEDALS Teacher | |
| <i>Throwing Tantrums</i> by Joy Wilt Berry | PEDALS Teacher | |
| Lesson 5: Following Directions | | |
| <i>From Head to Toe</i> by Eric Carle | Second Step | This book encourages children to repeat the movements of various animals in the story. After each movement, the animal asks, "Can you do it?" Children respond, "I can do it!" This is a good book for children to practice following directions and for getting your children moving. |
| <i>Simple Signs</i> by Cindy Wheeler | Second Step | This book gives easy directions and illustrations for your children to follow for how to sign simple words in American Sign Language. |
| <i>Strega Nona</i> by Tomie dePaola | Second Step | This engaging story based on an Italian Folktale describes what happens when Big Anthony, the main character, doesn't follow one the directions. |
| <i>A Children's Book about Disobeying</i> by Joy Wilt Berry | PEDALS Teacher | |
| <i>Baby Bear, Baby Bear, What Do You See?</i> by Bill Martin Jr., Illustrated by Eric Carle | PEDALS Teacher | |
| <i>Clap Your Hands</i> Written and Illustrated by Lorinda Bryan Cauley | PEDALS Teacher | |
| <i>Do's and Don'ts</i> by Todd Parr | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |

| Unit 1: Skills for Learning | | |
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| Book | Recommended or used by | Description |
| <i>I Can't Sit Still: Living with ADHD</i> by Pam Pollack, Illustrated by Marta Fabrega | PEDALS Teacher | |
| <i>I Show Respect</i> by David Parker, Illustrated by Gioia Fiammenghi | PEDALS Teacher | |
| <i>Lilly's Purple Plastic Purse</i> by Kevin Henkes | PEDALS Teacher | |
| <i>Pete the Cat: Rocking in My School Shoes</i> by James Dean and Eric Litwin | PEDALS Teacher | |
| <i>Say Please</i> by Virginia Austin | PEDALS Teacher | |
| <i>The Listening Walk</i> by Paul Showers, illustrated by Alike | PEDALS Teacher | |
| <i>The Little Red Hen</i> by Paul Galdone | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>What About Bear?</i> by Suzanne Bloom | PEDALS Teacher | |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | PEDALS Teacher | |
| <i>Whoever You Are</i> by Mem Fox | PEDALS Teacher | |
| <i>Words Are Not for Hurting</i> by Elizabeth Verdick, Illustrated by Marieka Heinlen | PEDALS Teacher | |
| <i>Zach Apologizes</i> by William Mulcahy, Illustrated by Darren McKee | PEDALS Teacher | |
| Lesson 6: Asking for What You Need or Want | | |
| <i>I Need a Little Help</i> by Kathy Schultz | Second Step | This repetitive, rhyming story shows how a young boy asks his mother for help throughout the day. |
| <i>My Truck is Stuck</i> by Kevin Lewis and Daniel Kirk | Second Step | This fun, rhyming story tells how two dogs must continue to ask for help getting their truck unstuck. |
| <i>A Book About Interrupting</i> by Joy Wilt Berry | PEDALS Teacher | |
| <i>A Weekend with Wendell</i> by Kevin Henkes | PEDALS Teacher | |
| <i>Arthur Loses His Patience</i> by Marc Brown | PEDALS Teacher | |
| <i>Being Destructive</i> by Joy Wilt Berry | PEDALS Teacher | |
| <i>Dora's Christmas Carol</i> by Christine Ricci, Illustrated by Robert Roper | PEDALS Teacher | |
| <i>I Have a Little Problem, Said the Bear</i> by Heinz Janisch and Silke Leffler | PEDALS Teacher | |
| <i>If You Give a Mouse a Cookie</i> by Laura Numeroff, Illustrated by Felicia Bond | PEDALS Teacher | |
| <i>Knuffle Bunny: A Cautionary Tale</i> by Mo Willems | PEDALS Teacher | |
| <i>Llama Llama Time to Share</i> by Anna Dewdney | PEDALS Teacher | |

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| Book | Recommended or used by | Description |
| <i>Mama, Do You Love Me?</i> by Barbara Joosse | PEDALS Teacher | |
| <i>Say Please</i> by Virginia Austin | PEDALS Teacher | |
| <i>Sometimes You Get What You Want</i> by Lisa Brown and Meredith Gary | PEDALS Teacher | |
| <i>The Grouchy Ladybug</i> by Eric Carle | PEDALS Teacher | |
| <i>The Little Engine That Could</i> by Watty Piper | PEDALS Teacher | |
| <i>The Little Red Hen</i> by Paul Galdone | PEDALS Teacher | |
| <i>The Mouse, the Monster and Me</i> by Pat Palmer, Illustrated by Betty Shondeck | PEDALS Teacher | |
| <i>Tucker's Apple-Dandy Day</i> by Susan Winget | PEDALS Teacher | |
| <i>What About Bear?</i> by Suzanne Bloom | PEDALS Teacher | |

| Unit 2: Empathy | | |
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| Book | Recommended or used by | Description |
| Lesson 7: Identifying Feelings | | |
| <i>Glad Monster Sad Monster</i> by Ed Emberley and Anne Miranda | Second Step | Fun, lovable monsters describe what makes them feel happy, sad, loving, worried, silly, and angry. Included are fold-out “feelings” masks for children to try out. |
| <i>Lots of Feelings</i> by Shelley Rotner | Second Step | This collection of close-up photographs of children shows how their faces express a variety of different feelings. |
| <i>The Way I Feel</i> by Janan Cain | Second Step | Simple rhymes that describe a range of feelings are matched with brightly colored illustrations. |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>Carrot Soup</i> by John Segal | PEDALS Teacher | |
| <i>Charlie the Caterpillar</i> by Dom Deluise and Christopher Santoro, Illustrated by Christopher Santoro | PEDALS Teacher | |
| <i>Chrysanthemum</i> by Kevin Henkes | PEDALS Teacher | |
| <i>Crankenstein</i> by Samantha Berger, Illustrated by Dan Santat | PEDALS Teacher | |
| <i>Feelings</i> by Alikei | PEDALS Teacher | |
| <i>How Are You Feeling?</i> by Saxton Freymann and Joost Elffers | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>I'd Know You Anywhere, My Love</i> by Nancy Tillman | PEDALS Teacher | |
| <i>If You're Happy and You Know It</i> by Jane Cabrera | PEDALS Teacher | |
| <i>Purplicious</i> by Elizabeth Kann and Victoria Kann, Illustrated by Victoria Kann | PEDALS Teacher | |
| <i>Sometimes I'm Bombaloo</i> by Rachel Vail, Illustrated by Yumi Heo | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Grouchy Ladybug</i> by Eric Carle | PEDALS Teacher | |
| <i>The Runaway Pumpkin</i> by Kevin Lewis, Illustrated by S. D. Schindler | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>When I Miss You</i> by Carnelia Maude Spelman, Illustrated by Kathy Parkinson | PEDALS Teacher | |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | PEDALS Teacher | This story describes in words and pictures how many children feel when they are really angry. (Caldecott Honor Book) |
| Lesson 8: More Feelings | | |
| <i>Sometimes I'm Scared</i> by Jane Annunziata and Marc Nemiroff, illustrated by Bryan Langdo | Second Step | This book addresses several common childhood fears. It then gives simple advice to children on how they can deal with those fears. |

| Unit 2: Empathy | | |
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| Book | Recommended or used by | Description |
| <i>Angry Octopus: A Relaxation Story</i> by Lory Lite, illustrated by Max Stasuyk | PEDALS Teacher | |
| <i>Baby Animals</i> by Garth Williams | PEDALS Teacher | |
| <i>Glad Monster, Sad Monster: A Book About Feelings</i> by Ed Emberley and Anne Miranda | PEDALS Teacher | |
| <i>How Are You Feeling?</i> by Saxton Freymann and Joost Elffers | PEDALS Teacher | |
| <i>If You're Happy and You Know It</i> by Jane Cabrera | PEDALS Teacher | |
| <i>Llama Llama Red Pajama</i> by Anna Dewdney | PEDALS Teacher | |
| <i>Lots of Feelings</i> by Shelley Rotner | PEDALS Teacher | |
| <i>My Many Colored Days</i> by Dr. Seuss, Illustrated by Steve Johnson and Lou Fancher | PEDALS Teacher | |
| <i>No Hitting!</i> by Karen Katz | PEDALS Teacher | |
| <i>The Chocolate-Covered-Cookie Tantrum</i> by Deborah Blurnenthal, Illustrated by Harvey Stevenson | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>There's a Nightmare in My Closet</i> by Mercer Mayer | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>When I Feel Scared</i> by Cornelia Maude Spelman, Illustrated by Kathy Parkinson | PEDALS Teacher | |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| Lesson 9: Identifying Anger | | |
| <i>When I Feel Angry</i> by Cornelia Maude Spelman, illustrated by Nancy Cote | Second Step | Bunny, the main character of this story, describes when she feels angry and what she does not to act in angry ways. |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | Second Step | This story describes in words and pictures how many children feel when they are really angry. (Caldecott Honor Book) |
| <i>Angry Is...</i> by Connie Colwell Miller | PEDALS Teacher | |
| <i>Chicken Little</i> by Rebecca Emberley, Illustrated by Ed Emberley | PEDALS Teacher | |
| <i>It's Okay To Be Different</i> by Todd Parr | PEDALS Teacher | |
| <i>Sometime I'm Bombaloo</i> by Rachel Vail, Illustrated by Yumi Heo | PEDALS Teacher | |
| <i>The Big Red Sled</i> by Jane E. Gerver, Illustrated by Priscilla Burris | PEDALS Teacher | |
| <i>The Grouchy Ladybug</i> by Eric Carle | PEDALS Teacher | |

| Unit 2: Empathy | | |
|---|-------------------------------|---|
| Book | Recommended or used by | Description |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| Lesson 10: Same or Different Feelings | | |
| <i>Who Is the Beast?</i> by Keith Baker | Second Step | A young tiger does not understand why all the jungle animals flee the “beast” as he passes by. Could he be the beast? The tiger begins comparing himself to all the other animals in the jungle, and discovers that he is not so different after all. |
| <i>Whoever You Are</i> by Mem Fox | Second Step | This book explores what is different and the same about people all over the world. |
| <i>David Gets In Trouble</i> by David Shannon | PEDALS Teacher | |
| <i>Glad Monster, Sad Monster: A Book About Feelings</i> by Ed Emberley and Anne Miranda | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>I Feel Scared</i> by Marcia Leonard, Illustrated by Bartholomew | PEDALS Teacher | |
| <i>It's Okay To Be Different</i> by Todd Parr | PEDALS Teacher | |
| <i>Lots of Feelings</i> by Shelley Rotner | PEDALS Teacher | |
| <i>Pete the Cat and His Magic Sunglasses</i> by James Dean and Kemberly Dean | PEDALS Teacher | |
| <i>Sometimes I'm Bombaloo</i> by Rachel Vail, Illustrated by Yumi Heo | PEDALS Teacher | |
| <i>The Mitten</i> by Jan Brett | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>We Are All Alike... We Are All Different</i> by Cheltenham Elementary School | PEDALS Teacher | |
| <i>Why Am I Different?</i> by Norma Simon, Illustrated by Dora Leder | PEDALS Teacher | |
| Lesson 11: Accidents | | |
| <i>Benjamin Bear Says Sorry</i> by Claire Freedman | Second Step | Benjamin is full of energy—sometimes too much energy! In his excitement, Benjamin accidentally upsets his friends then learns how to say sorry. |
| <i>I'm Sorry (Blue's Clues)</i> by Justin Chanda, illustrated by David B. Levy | Second Step | Green Puppy, from the popular educational television series Blue's Clues, learns to say “I'm sorry” to his friend, Magenta, when he accidentally breaks her favorite crayon. |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>David Gets In Trouble</i> by David Shannon | PEDALS Teacher | |
| <i>Hands Are Not for Hitting</i> by Martine Agassi | PEDALS Teacher | |

| Unit 2: Empathy | | |
|---|-------------------------------|---|
| Book | Recommended or used by | Description |
| <i>How the Zebra Got Its Stripes</i> by Justine Fontes and Ron Fontes | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>I Like Cats!</i> by Patricia Hubbell, Illustrated by Pamela Paparone | PEDALS Teacher | |
| <i>I Went Walking</i> by Sue Williams, Illustrated by Julie Vivas | PEDALS Teacher | |
| <i>I'm Sorry</i> by Mercer Mayer | PEDALS Teacher | |
| <i>I'm Sorry</i> by Sam McBratney, Illustrated by Jennifer Eachus | PEDALS Teacher | |
| <i>It Wasn't My Fault</i> by Helen Lester, Lynn Munsinger, Illustrated by Lynn Munsinger | PEDALS Teacher | |
| <i>Just My Friend and Me</i> by Mercer Mayer | PEDALS Teacher | |
| <i>Ladybug Girl and Bumblebee Boy</i> by Jacky Davis and David Soman | PEDALS Teacher | |
| <i>Matthew and Tilly</i> by Rebecca C. Jones, Illustrated by Beth Peck | PEDALS Teacher | |
| <i>Pete The Cat</i> by James Dean and Eric Litwin | PEDALS Teacher | |
| <i>The Cat in the Hat</i> by Dr. Seuss | PEDALS Teacher | |
| Lesson 12: Caring and Helping | | |
| <i>Somewhere Today: A Book of Peace</i> by Shelley Moore Thomas, illustrated by Eric Futran | Second Step | This book is full of color photographs of people from all over the world caring, helping, and being kind to one another. |
| <i>When I Care About Others</i> by Cornelia Maude Spelman | Second Step | Colorful illustrations help tell the story of young bear cub that needs to be cared for, but later learns to care for others too. |
| <i>Boo Hoo Bird</i> by Jeremy Tankard | PEDALS Teacher | |
| <i>Can I Help?</i> by Marilyn Janovitz | PEDALS Teacher | |
| <i>City Dog, Country Frog</i> by Mo Willems, Illustrated by Jon J. Muth | PEDALS Teacher | |
| <i>Corduroy</i> Written and Illustrated by Don Freeman | PEDALS Teacher | |
| <i>Doctor Ted</i> by Andrea Beaty, Illustrated by Pascal Lemaitre | PEDALS Teacher | |
| <i>Flip and Flop</i> by Dawn Apperley | PEDALS Teacher | |
| <i>Harold Learns a Lesson About Caring</i> by Melissa Ann Mack | PEDALS Teacher | |
| <i>Horton Hears a Who!</i> By Dr. Seuss | PEDALS Teacher | |
| <i>How Do Dinosaurs Play with Their Friends?</i> By Jane Yolen, Illustrated by Mark Teague | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |

| Unit 2: Empathy | | |
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| Book | Recommended or used by | Description |
| <i>Just Helping My Dad</i> by Mercer Mayer | PEDALS Teacher | |
| <i>Llama Llama Misses Mama</i> by Anna Dewdney | PEDALS Teacher | |
| <i>Llama Llama Time to Share</i> by Anna Dewdney | PEDALS Teacher | |
| <i>My Friend and I</i> by Lisa Jahn-Clough | PEDALS Teacher | |
| <i>My Friend is Sad</i> by Mo Willems | PEDALS Teacher | |
| <i>The Best Me I Can Be: I Care About Others!</i> by David Parker, Illustrated by Sylvia Walker | PEDALS Teacher | |
| <i>The Rainbow Fish</i> by Marcus Pfister Herbert, Translated by J. Alison James | PEDALS Teacher | |
| <i>The Snow Child</i> by Harriet Ziefert, Illustrated by Julia Zanes | PEDALS Teacher | |
| <i>Tiger and Mouse: The Gift of Helping Others</i> | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>Yum Yum!: What Fun!</i> By Mara Bergman, Illustrated by Nick Maland | PEDALS Teacher | |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| Lesson 13: We Feel Feelings in Our Bodies | | |
| <i>Is a Worry Worrying You?</i> by Ferida Wolff and Harriet May Savitz, illustrated by Marie LeTourneau | Second Step | This humorous book addresses many common and not-so-common childhood worries. It then provides practical solutions for dealing with these worries. |
| <i>Something Might Happen</i> by Helen Lester, illustrated by Lynn Munsinger | Second Step | Twitchly Fidget is afraid of almost everything. He is so afraid that he won't go anywhere or do anything because something might happen. But after talking with his Aunt Bridget about his fears, he finds that he is not afraid anymore. |
| <i>The Worrywarts</i> by Pamela Duncan Edwards, illustrated by Henry Cole | Second Step | Wombat, Woodchuck, and Weasel are worrywarts. They worry about everything—with a capital W! Alliteration and silly illustrations are used to help children learn about managing worried feelings, as well as lots of new w-words! |
| <i>A Letter to Amy</i> Written and Illustrated by Ezra Jack Keats | PEDALS Teacher | |
| <i>All Kinds of Feelings</i> by Sheri Safran, Illustrated by Emma Brownjohn | PEDALS Teacher | |
| <i>Flip and Flop</i> by Dawn Apperley | PEDALS Teacher | |
| <i>Froggy Learns to Swim</i> by Jonathan London, Illustrated by Frank Remkiewicz | PEDALS Teacher | |
| <i>Gingerbread Boy</i> by Richard Egielski | PEDALS Teacher | |
| <i>If You're Happy and You Know It</i> by Jane Cabrera | PEDALS Teacher | |
| <i>I'm Not Invited?</i> By Diana Cain Bluthenthan | PEDALS Teacher | |
| <i>Llama Llama Mad at Mama</i> Written and Illustrated by Anna Dewdney | PEDALS Teacher | |
| <i>Lots of Feelings</i> by Shelley Rotner | PEDALS Teacher | |
| <i>My Friends</i> by Taro Gomi | PEDALS Teacher | |
| <i>Shy Spaghetti and Excited Eggs: A Kid's Menu of Feelings</i> by Marc Nemiroff and Jane Annunziata, Illustrated by Christine Battuz | PEDALS Teacher | |
| <i>Sometimes You Get What You Want</i> by Lisa Brown and Meredith Gary | PEDALS Teacher | |
| <i>The Kissing Hand</i> by Audrey Penn Illustrated by Ruth Harper and Nancy Leak | PEDALS Teacher | |
| <i>The Very Lonely Firefly</i> by Eric Carle | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>Wemberly Worried</i> by Kevin Henkes | PEDALS Teacher | |
| Lesson 14: Strong Feelings | | |
| <i>Beautiful Oops</i> by Barney Saltzberg | Second Step | Frustration is a common feeling for young children while working on their fine motor skills. Instead of focusing on the frustration of making mistakes, this book has children celebrate their mistakes. It shows how mistakes are really opportunities to create something beautiful. |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>Emily's Tiger</i> by Miriam Latimer, illustrated by Leo Landry | Second Step | Emily has a "tiger" living inside of her. Whenever she is frustrated or angry her tiger comes out and causes trouble. With her Granny's help, Emily learns to control her frustration and anger so that her "tiger" won't cause trouble anymore. |
| <i>I'm Frustrated</i> by Elizabeth Crary | Second Step | The interactive format of this book allows the reader to choose one of several suggestions for dealing with frustration along with a page number. You then turn to that page to see the result of your choice, along with more choices. |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>Bear Snores On</i> by Karma Wilson, Illustrated by Jane Chapman | PEDALS Teacher | |
| <i>Buster Feels Sad and Mad and Happy</i> by William Robert Stanek | PEDALS Teacher | |
| <i>Feelings</i> by Aliki | PEDALS Teacher | |
| <i>Glad Monster, Sad Monster: A Book About Feelings</i> by Ed Emberley and Anne Miranda | PEDALS Teacher | |
| <i>I Feel Different Ways Different Days: Questions & Answers about Feelings</i> by Barbara Shook Hazen, Illustrated by Lynn Sweat | PEDALS Teacher | |
| <i>I Like Myself!</i> by Karen Beaumont, Illustrated by David Catrow | PEDALS Teacher | |
| <i>Leo the Late Bloomer</i> by Robert Kraus, Illustrated by Jose Aruego | PEDALS Teacher | |
| <i>Llama Llama Red Pajama</i> by Anna Dewdney | PEDALS Teacher | |
| <i>Love, Splat</i> by Rob Scotton | PEDALS Teacher | |
| <i>Mr. Pusskins</i> by Sam Lloyd | PEDALS Teacher | |
| <i>Noisy Nora</i> Written and Illustrated by Rosemary Wells | PEDALS Teacher | |
| <i>Sometimes I'm Bombaloo</i> by Rachel Vail, Illustrated by Yumi Heo | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Hating Book</i> by Charlotte Zolotow, Illustrated by Ben Shecter | PEDALS Teacher | |
| <i>Three Little Dinosaurs</i> by Charles Fuge | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | PEDALS Teacher | |
| <i>Words Are Not for Hurting</i> by Elizabeth Verdick, Illustrated by Marieka Heinlen | PEDALS Teacher | |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>Zach Gets Frustrated</i> by William Mulcahy, Illustrated by Darren McKee | PEDALS Teacher | |
| Lesson 15: Naming Feelings | | |
| <i>On Monday When It Rained</i> by Cherryl Kachenmeister, photographs by Tom Berthiaume | Second Step | A young boy describes, through text and photographs of his facial expressions, the different emotions he feels each day. Before revealing the feeling to children, see if they can name the feeling using the physical clues in the photograph and the description of what is happening. |
| <i>When I Am/Cuando Estoy</i> by Gladys Rosa-Mendoza, illustrated by Dana Regan | Second Step | This book describes and names feelings that children have in everyday situations with pictures and words in both English and Spanish. It then suggests ways to deal with these feelings. |
| <i>When I Feel Sad</i> by Cornelia Maude Spelman, illustrated by Kathy Parkinson | Second Step | The main character of this story, a young guinea pig, goes through several situations that make her feel sad. Talking to an adult helps her understand that it is okay to feel sad and that she will be happy again. |
| <i>A Bad Case Of Stripes</i> by David Shannon | PEDALS Teacher | |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>Bear Snores On</i> by Karma Wilson, Illustrated by Jane Chapman | PEDALS Teacher | |
| <i>Chester the Brave</i> by Audrey Penn, Illustrated by Barbara Leonard Gibson | PEDALS Teacher | |
| <i>Cool Down and Work Through Anger</i> by Cheri J. Meiners | PEDALS Teacher | |
| <i>Dinofours: It's Fire Drill Day!</i> by Steve Metzger, Illustrated by Hans Wilhelm | PEDALS Teacher | |
| <i>Feelings</i> by Ailiki | PEDALS Teacher | |
| <i>Glad Monster, Sad Monster: A Book About Feelings</i> by Ed Emberley and Anne Miranda | PEDALS Teacher | |
| <i>Happy, Sad, Silly, Mad</i> by John Seven, Illustrated by Jana Christy | PEDALS Teacher | |
| <i>How Do You Feel?</i> Written and Illustrated by Anthony Browne | PEDALS Teacher | |
| <i>Leo the Late Bloomer</i> by Robert Kraus, Illustrated by Jose Aruego | PEDALS Teacher | |
| <i>My Many Colored Days</i> by Dr. Seuss, Illustrated by Steve Johnson and Lou Fancher | PEDALS Teacher | |
| <i>Peter's Chair</i> Written and Illustrated by Ezra Jack Keats | PEDALS Teacher | |
| <i>Snow Dog, Go Dog</i> by Deborah Heiligman, Illustrated by Tim Bowers | PEDALS Teacher | |
| <i>Sometimes I Like to Cry</i> by Elizabeth Stanton and Henry Stanton, Illustrated by Richard Leyden | PEDALS Teacher | |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Penguin Who Wanted to Fly</i> by Catherine Vase | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | PEDALS Teacher | |
| Lesson 16: Managing Disappointment | | |
| <i>Fancy Nancy: Bonjour Butterfly</i> by Jane O'Connor, illustrated by Robin Preiss Glasser | Second Step | Fancy Nancy can't go to her friend's "butterfly" birthday party because she has to go grandparents' anniversary party instead. She is more than disappointed. She's furious! Nancy must deal with her disappointment so she can have a good time at her grandparents' party. |
| <i>Smile!</i> by Leigh Hodgkinson | Second Step | Sunny is usually a happy girl, but not today. She is disappointed because her mom says she can't have more cookies before dinner. Sunny has lost her smile. She searches for it everywhere. She finally finds it when she finds a way to overcome her disappointment. |
| <i>Sometimes You Get What You Want</i> by Lisa Brown and Meredith Gary | Second Step | A young brother and sister experience the joy of getting what they want and the disappointment of not getting what they want during a typical day. There are many places to discuss with children the disappointment you feel when you don't get what you want and ways you can manage that disappointment. |
| <i>A Little Bit of Winter</i> by Paul Stewart, Illustrated by Chris Riddell | PEDALS Teacher | |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>Bartholomew and the Oobleck</i> by Dr. Seuss | PEDALS Teacher | |
| <i>Bear Snores On</i> by Karma Wilson, Illustrated by Jane Chapman | PEDALS Teacher | |
| <i>Corduroy</i> Written and Illustrated by Don Freeman | PEDALS Teacher | |
| <i>Green Eggs and Ham</i> Written and Illustrated by Dr. Seuss | PEDALS Teacher | |
| <i>Hands Are Not for Hurting</i> by Nora Gaydos, Illustrated by Akemi Gutierrez | PEDALS Teacher | |
| <i>How Do You Feel?</i> Written and Illustrated by Anthony Browne | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns about Sportsmanship: Winning Isn't Everything</i> by Howard Binkow, Illustrated by Susan Cornelison | PEDALS Teacher | |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>I Don't Want to Go to Bed!</i> By Tim Warnes | PEDALS Teacher | |
| <i>I'm Sorry</i> by Mercer Mayer | PEDALS Teacher | |
| <i>Let's Talk About Feeling Disappointed</i> by Joy Berry, Illustrated by Maggie Smith | PEDALS Teacher | |
| <i>Marvin Gets MAD!</i> by Joseph Theobald | PEDALS Teacher | |
| <i>My Many Colored Days</i> by Dr. Seuss, Illustrated by Steve Johnson and Lou Fancher | PEDALS Teacher | |
| <i>No More Hitting for Little Hamster!</i> by Bernette Ford | PEDALS Teacher | |
| <i>Noisy Nora</i> Written and Illustrated by Rosemary Wells | PEDALS Teacher | |
| <i>Owen</i> by Kevin Henkes | PEDALS Teacher | |
| <i>Pete the Cat: I Love My White Shoes</i> by James Dean and Eric Litwin | PEDALS Teacher | |
| <i>Sometimes I Like to Cry</i> by Elizabeth Stanton and Henry Stanton, Illustrated by Richard Leyden | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Grouchy Ladybug</i> by Eric Carle | PEDALS Teacher | |
| <i>The Mitten</i> by Jan Brett | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>Tippu's Big Disappointment</i> by Jane Carruth, Illustrated by Tony Hutchings | PEDALS Teacher | |
| <i>Two Greedy Bears</i> by Jose Aruego, Illustrated by Ariane Dewey | PEDALS Teacher | |
| <i>What to Do When You Worry Too Much: A Kid's Guide to Overcoming Anxiety</i> by Dawn Huebner, Illustrated by Ellen Candace and Bonnie Candace | PEDALS Teacher | |
| <i>Words Are Not for Hurting</i> by Elizabeth Verdick, Illustrated by Marieka Heinlen | PEDALS Teacher | |
| Lesson 17: Managing Anger | | |
| <i>Angry Octopus: A Relaxation Story</i> by Lory Lite, illustrated by Max Stasuyk | Second Step | Octopus is ready to explode with anger because lobsters have wrecked his seashell garden. He soon meets a sea child who helps him calm down by showing him how to make his body relax, take deep breathes, and think happy thoughts. |
| <i>Mouse Was Mad</i> by Linda Urban, illustrated by Henry Cole | Second Step | Mouse is "hopping" mad. Then he finds out he is hopping all wrong. So he tries stomping, screaming, and other ways of being mad, but he just can't do any of them right. Finally, he tries being quiet and still and discovers this way feels best of all. |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>Sometimes I'm Bombaloo</i> by Rachel Vail, illustrated by Yumi Heo | Second Step | Katie turns into a Bombaloo when she is mad. A Bombaloo hits, screams, and does mean things. She gets control of her anger by spending some time alone to calm down. The Bombaloo is gone and she feels like Katie again! |
| <i>A Day with a Chef</i> by Hilary Dole Klein | PEDALS Teacher | |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>Angry Arthur</i> by Hiawyn Oram, Illustrated by Satoshi Kitamura | PEDALS Teacher | |
| <i>Angry Is...</i> by Connie Rose Miller | PEDALS Teacher | |
| <i>Cool Down and Work Through Anger</i> by Cheri J. Meiners | PEDALS Teacher | |
| <i>Help Me Be Good: Throwing Tantrums</i> by Joy Berry | PEDALS Teacher | |
| <i>I Was So Mad</i> by Rom Miller and Mercer Mayer, Illustrated by Mercer Mayer | PEDALS Teacher | |
| <i>If You're Angry And You Know It!</i> By Cecily Kaiser, Illustrated by Cary Pillo | PEDALS Teacher | |
| <i>Mine! Mine! Mine!</i> By Shelly Becker, Illustrated by Hideko Takahashi | PEDALS Teacher | |
| <i>My Feelings: Zack Feels Angry</i> by Teddy Slater, Illustrated by Sanja Rescek | PEDALS Teacher | |
| <i>Peter's Chair</i> Written and Illustrated by Ezra Jack Keats | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Pigeon Finds a Hot Dog!</i> By Mo Willems | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>What About Bear?</i> by Suzanne Bloom | PEDALS Teacher | |
| <i>When I Feel Angry</i> by Cornelia Maude Spelman, Illustrated by Nancy Cote | PEDALS Teacher | |
| <i>When I'm Feeling Angry</i> Written and Illustrated by Trace Moroney | PEDALS Teacher | |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | PEDALS Teacher | |
| Lesson 18: Managing Waiting | | |
| <i>Let's Talk About Being Patient</i> by Joe Berry, illustrated by Maggie Smith | Second Step | This book describes common situations in which children must wait. It explores how children feel when they have to wait, and what they can do to make waiting easier. |
| <i>Wait Till the Moon Is Full</i> by Margaret Wise Brown, illustrated by Garth Williams | Second Step | A little raccoon learns patience as he waits until the moon is full so he can go outside and explore the night. |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>Wait, Hoho, Wait!</i> by Alison Inches | Second Step | Hoho is having a hard time waiting to ride in a toy car. His friend Kai-Lan shows him that if you do something that you like while you are waiting, it is much easier to be patient. |
| <i>1, 2, 3 to the Zoo: A Counting Book</i> Written and Illustrated by Eric Carle | PEDALS Teacher | |
| <i>A Day in the Life of a Doctor</i> by Heather Adamson | PEDALS Teacher | |
| <i>A Dog Needs A Bone</i> Written and Illustrated by Audrey Wood | PEDALS Teacher | |
| <i>Be Patient, Pooh</i> by Kathleen Widner Zoehfeld, Illustrated by Robbin Cuddy | PEDALS Teacher | |
| <i>Counting Kisses</i> by Karen Katz | PEDALS Teacher | |
| <i>Froggy Goes to School</i> by Jonathan London, illustrated by Frank Remkiewicz | PEDALS Teacher | |
| <i>Green Eggs and Ham</i> Written and Illustrated by Dr. Seuss | PEDALS Teacher | |
| <i>Help Me Be Good: Interrupting</i> by Joy Berry | PEDALS Teacher | |
| <i>How Will We Get to the Beach?</i> by Brigitte Luciani, Illustrated by Eve Tharlet | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns about Sportsmanship: Winning Isn't Everything</i> by Howard Binkow, Illustrated by Susan Cornelison | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>I Ain't Gonna Paint No More!</i> by Karen Beaumont, Illustrated by David Catrow | PEDALS Teacher | |
| <i>I Can Cooperate</i> by David Parker, Illustrated by Jill Dubin | PEDALS Teacher | |
| <i>Llama Llama Mad at Mama</i> Written and Illustrated by Anna Dewdney | PEDALS Teacher | |
| <i>Mind Your Manners: In School</i> by Arianna Candell, Illustrated by Rosa Maria Curto | PEDALS Teacher | |
| <i>My Lucky Day</i> Written and Illustrated by Keiko Kasza | PEDALS Teacher | |
| <i>My Mouth is a Volcano</i> by Julia Cook, illustrated by Carrie Hartman | PEDALS Teacher | |
| <i>Nobunny's Perfect</i> Written and Illustrated by Anna Dewdney | PEDALS Teacher | |
| <i>Subway</i> by Anastasia Suen, Illustrated by Karen Katz | PEDALS Teacher | |
| <i>Swimmy</i> by Leo Lionni | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Snow Day</i> by Komako Sakai | PEDALS Teacher | |

| Unit 3: Emotion Management | | |
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| Book | Recommended or used by | Description |
| <i>The Watermelon Seed</i> by Greg Pizzoli | PEDALS Teacher | |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>Wait! No Paint!</i> By Bruce Whatley | PEDALS Teacher | |
| <i>Waiting for Anya</i> by Michael Morpurgo | PEDALS Teacher | |
| <i>Waiting for Gregory</i> by Kimberly Willis Holt, Illustrated by Gabi Swiatkowska | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| Lesson 19: Fair Ways to Play | | |
| <i>The Rainbow Fish</i> by Marcus Pfister | PEDALS Teacher | |
| <i>The Mine-O-Saur</i> by Sudipta Bardhan-Quallen, Illustrated by David Clark | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Berenstain Bears Play a Good Game</i> by Jan Berenstain and Stan Berenstain | PEDALS Teacher | |
| <i>Sometimes You Get What You Want</i> by Meredith Gary, Illustrated by Lisa Brown | PEDALS Teacher | |
| <i>Snoopy's a Little Help from My Friend</i> by Charles M. Schulz | PEDALS Teacher | |
| <i>Pinkalicious</i> by Victoria Kann and Elizabeth Kann, Illustrated by Victoria Kann | PEDALS Teacher | |
| <i>No Fair!</i> By Caren Holtzman and Joan Holub | PEDALS Teacher | |
| <i>My Friend and I</i> by Lisa Jahn-Clough | PEDALS Teacher | |
| <i>Mine! Mine! Mine!</i> by Shelly Becker, illustrated by Hideko Takahashi | PEDALS Teacher | |
| <i>Llama Llama Time to Share</i> by Anna Dewdney | PEDALS Teacher | |
| <i>Llama Llama Mad at Mama</i> Written and Illustrated by Anna Dewdney | PEDALS Teacher | |
| <i>Let's Share!</i> by Jillian Harker, Illustrated by Rachael O'Neill | PEDALS Teacher | |
| <i>Ladybug Girl and Bumblebee Boy</i> by Jacky Davis and David Soman | PEDALS Teacher | |
| <i>Join In and Play</i> by Cheri J Meiners | PEDALS Teacher | |
| <i>It's My Turn!</i> by David Bedford, Elaine Field | PEDALS Teacher | |
| <i>It's Hard to Share</i> by Mouseworks | PEDALS Teacher | |
| <i>I Show Respect</i> by David Parker, Illustrated by Gioia Fiammenghi | PEDALS Teacher | |
| <i>I Can Share!</i> Written and Illustrated by Karen Katz | PEDALS Teacher | |
| <i>I Can Cooperate</i> by David Parker, Illustrated by Jill Dubin | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns about Sportsmanship: Winning Isn't Everything</i> by Howard Binkow, Illustrated by Susan Cornelison | PEDALS Teacher | |
| <i>How Are You Feeling?</i> by Saxton Freymann and Joost Elffers | PEDALS Teacher | |
| <i>Hands Are Not for Hitting</i> by Martine Agassi, Illustrated by Marieka Heinlen | PEDALS Teacher | |
| <i>Feet Are Not for Kicking</i> by Elizabeth Verdick, Illustrated by Marieka Heinlen | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>Clifford Makes the Team</i> by Norman Bridwell | PEDALS Teacher | |
| <i>Clara Caterpillar</i> by Pamela Duncan Edwards, Illustrated by Henry Cole | PEDALS Teacher | |
| <i>Bein' with You This Way</i> by W. Nikola-Lisa, Illustrated by Michael Bryant | PEDALS Teacher | |
| <i>Apple Farmer Annie</i> by Monica Wellington | PEDALS Teacher | |
| <i>Alexander and the Terrible, Horrible, No Good, Very Bad Day</i> by Judith Viorst, Illustrated by Ray Cruz | PEDALS Teacher | |
| <i>Share and Take Turns</i> by Cheri J. Meiners | Second Step | In this colorful book, a young girl learns how share and take turns in a variety of situations. |
| <i>Emily's Sharing and Caring Book</i> by Cindy Post Senning and Peggy Post, illustrated by Leo Landry | Second Step | Two young friends demonstrate different ways of sharing, taking turns, and being nice and polite to others. |
| Lesson 20: Having Fun with Friends | | |
| <i>Yo! Yes?</i> Written and Illustrated by Chris Raschka | PEDALS Teacher | |
| <i>Will You Be My Friend?: A Bunny and Bird Story</i> by Nancy Tafuri | PEDALS Teacher | |
| <i>Thesaurus Rex</i> by Laya Steinberg, Illustrated by Debbie Harter | PEDALS Teacher | |
| <i>The Things I Love About Friends</i> by Trace Moroney | PEDALS Teacher | |
| <i>The Rainbow Fish</i> by Marcus Pfister | PEDALS Teacher | |
| <i>The Mine-O-Saur</i> by Sudipta Bardhan-Quallen, Illustrated by David Clark | PEDALS Teacher | |
| <i>The Little Red Hen</i> by Paul Galdone | PEDALS Teacher | |
| <i>The Feelings Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Boy Who Wouldn't Share</i> by Mike Reiss, Illustrated by David Catrow | PEDALS Teacher | |
| <i>The Best Easter Prize</i> by Kristina Evans Collier, Illustrated by John Wallace | PEDALS Teacher | |
| <i>The Berenstain Bears and the Trouble With Friends</i> by Stan Berenstain and Jan Berenstain | PEDALS Teacher | |
| <i>Swimmy</i> by Leo Lionni | PEDALS Teacher | |
| <i>Subway</i> by Anastasia Suen, Illustrated by Karen Katz | PEDALS Teacher | |
| <i>Share and Take Turns</i> by Cheri J. Meiners | PEDALS Teacher | |
| <i>Pete the Cat: Valentine's Day is Cool</i> by James Dean | PEDALS Teacher | |
| <i>One Winter's Day</i> by M. Christina Butler, Illustrated by Tina Macnaughton | PEDALS Teacher | |
| <i>No Jumping on the Bed</i> by Tedd Arnold | PEDALS Teacher | |
| <i>Little Critter I Am Sharing</i> by Mercer Mayer | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>Ladybug Girl and the Bug Squad</i> by David Soman and Jacky Davis | PEDALS Teacher | |
| <i>Just My Friend and Me</i> by Mercer Mayer | PEDALS Teacher | |
| <i>I'm the Best</i> by Lucy Cousins | PEDALS Teacher | |
| <i>I'm A Good Friend!</i> by David Parker, Illustrated by Cristina Ong | PEDALS Teacher | |
| <i>If You're Angry And You Know It</i> by Cecily Kaiser, Illustrated by Cary Pillo | PEDALS Teacher | |
| <i>I'm Your Bus</i> by Marilyn Singer, illustrated by Evan Polenghi | PEDALS Teacher | |
| <i>I Am Sharing</i> Written and Illustrated by Mercer Mayer | PEDALS Teacher | |
| <i>Fun Is Where You Find It</i> by Ronald Kidd | PEDALS Teacher | |
| <i>Friends</i> by Eric Carle | PEDALS Teacher | |
| <i>Friends at School</i> by Rochelle Bunnett, Photographs by Matt Brown | PEDALS Teacher | |
| <i>Duck and Goose, How Are You Feeling?</i> Written and Illustrated by Tad Hills | PEDALS Teacher | |
| <i>Disney's Out and About With Pooh: Good as Gold</i> by Ann Braybrooks | PEDALS Teacher | |
| <i>Day Care Days</i> by Mary Brigid Barrett, Illustrated by Patti Murphy | PEDALS Teacher | |
| <i>Can I Play Too?</i> by Mo Willems | PEDALS Teacher | |
| <i>Bullies Never Win</i> by Margery Cuyler, Illustrated by Arthur Howard | PEDALS Teacher | |
| <i>Bad Apple: A Tale of Friendship</i> by Edward Hemingway | PEDALS Teacher | |
| <i>If You're Angry and You Know It!</i> By Cecily Kaiser, Illustrated by Cary Pillo | PEDALS Teacher | |
| <i>Why Should I Share?</i> by Claire Llewellyn, illustrated by Mike Gordon | Second Step | Tim doesn't like to share—especially with his little brother! But as he watches his twin neighbors next door playing together, he sees how sharing can make things much more fun. |
| <i>My Friend and I</i> by Lisa Jahn-Clough | Second Step | A young girl tells the story of how she and her new friend argue over sharing a toy and ultimately break it. They are angry and don't want to play with each other anymore. But finally they decide that playing together fairly is much more fun than playing alone. |
| <i>Mine! Mine! Mine!</i> by Shelly Becker, illustrated by Hideko Takahashi | Second Step | Claire comes over to Gail's house to play. But if playing with Claire involves sharing, Gail doesn't want to do it! Claire is not having fun, and neither is Gail. Gail's mother then models how sharing and kindness is more fun than getting your own way. |
| Lesson 21: Inviting to Play | | |
| <i>Will You Play with Me?</i> by Tony A. Samuel | PEDALS Teacher | |
| <i>When I Build with Blocks</i> by Niki Alling | PEDALS Teacher | |
| <i>We Can Take Turns</i> by Liza Charlesworth Illustrated by Stephen Lewis | PEDALS Teacher | |
| <i>Underwear!</i> By Mary Elise Monsell, Illustrated by Lynn Munsinger | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>The Way I Feel</i> Written and Illustrated by Janan Cain | PEDALS Teacher | |
| <i>The Things I Love About Friends</i> by Trace Moroney | PEDALS Teacher | |
| <i>The Sneetches and Other Stories</i> Written and Illustrated by Dr. Seuss | PEDALS Teacher | |
| <i>The Rainbow Fish</i> by Marcus Pfister | PEDALS Teacher | |
| <i>The New Bear At School</i> by Carrie Weston, Illustrated by Tim Warnes | PEDALS Teacher | |
| <i>The Cat in the Hat</i> Written and Illustrated by Dr. Seuss | PEDALS Teacher | |
| <i>The Berenstain Bears No Girls Allowed</i> by Stan Berenstain | PEDALS Teacher | |
| <i>Play with Me</i> Written and Illustrated by Marie Hall Ets | PEDALS Teacher | |
| <i>New Bear at School</i> by Carrie Weston Illustrated by Tim Warnes | PEDALS Teacher | |
| <i>Listen and Learn</i> by Cheri J. Meiners | PEDALS Teacher | |
| <i>Ladybug Girl and the Bug Squad</i> by David Soman and Jacky Davis | PEDALS Teacher | |
| <i>I'm A Good Friend!</i> by David Parker, Illustrated by Cristina Ong | PEDALS Teacher | |
| <i>How Do Dinosaurs Play with Their Friends?</i> By Jane Yolen, Illustrated by Mark Teague | PEDALS Teacher | |
| <i>Friends at School</i> by Rochelle Bunnett, Photographs by Matt Brown | PEDALS Teacher | |
| <i>Do's and Don'ts</i> by Todd Parr | PEDALS Teacher | |
| <i>Chester Raccoon and the Big Bad Bully</i> by Audrey Penn, Illustrated by Barbara Leonard Gibson | PEDALS Teacher | |
| <i>Can I Help?</i> by Marilyn Janovitz | PEDALS Teacher | |
| <i>Brown Bear, Brown Bear, What Do You See?</i> By Bill Martin, Illustrated by Eric Carle and Stringari | PEDALS Teacher | |
| <i>A Splendid Friend Indeed</i> by Suzanne Bloom | PEDALS Teacher | |
| <i>Would You Invite A Skunk to your Wedding?</i> by Ginger Pate | Second Step | Louie Phewie is skunk that has a problem controlling his spray when he gets nervous. His good friends are getting married and would like to invite Louie to be the ring bearer in their wedding. But can they risk the possible humiliation of Louie losing control of his spray? Children have fun finding out what true friendship really means! |
| <i>Will You Play With Us?</i> by Margaret Yatsevitch Phinney, illustrated by Lynne Woodcock Cravath | Second Step | This lyrical story is about inviting lots of others to play. See how big the fun gets as more and more boys are invited in! |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>May I Bring a Friend?</i> by Beatrice Schenk de Regniers, illustrated by Beni Montresor | Second Step | A young boy receives an invitation each week from the King and Queen to join them for tea. He is so happy to be invited that he wants to share his happiness with others and always asks if he can bring a friend. The King and Queen always say yes, providing an excellent example of how to be inclusive. |
| Lesson 22: Joining In with Play | | |
| <i>When Sophie Gets Angry -- Really, Really Angry...</i> by Molly Bang | PEDALS Teacher | |
| <i>When I Feel Angry</i> by Cornelia Maude Spelman, Illustrated by Nancy Cote | PEDALS Teacher | |
| <i>Tiny Dinos Playing Together: A Book of Everyday Feelings</i> by Guy Gilchrist | PEDALS Teacher | |
| <i>The Very Hungry Caterpillar</i> by Eric Carle | PEDALS Teacher | |
| <i>The Listening Walk</i> by Paul Showers, illustrated by Alike | PEDALS Teacher | |
| <i>Shy Charles</i> by Rosemary Wells | PEDALS Teacher | |
| <i>Sharing Can Be Fun</i> by Jamie Simons | PEDALS Teacher | |
| <i>Put Me in the Zoo</i> by Robert Lopshire | PEDALS Teacher | |
| <i>Pooh Helps Out</i> by Kathleen Weidner Zoehfeld, Illustrated by Robbin Cuddy | PEDALS Teacher | |
| <i>My Friend and I</i> by Lisa Jahn-Clough | PEDALS Teacher | |
| <i>Me Too!</i> by Mercer Mayer | PEDALS Teacher | |
| <i>May I Bring a Friend?</i> by Beatrice Schenk de Regniers, Illustrated by Beni Montresor | PEDALS Teacher | |
| <i>Lion's Lunch?</i> by Fiona Tierney, Illustrated by Margaret Chamberlain | PEDALS Teacher | |
| <i>Letter V: Vera Viper's Valentine</i> by Maxwell Higgins, Illustrated by James Young | PEDALS Teacher | |
| <i>Let's Talk About Feeling Angry</i> by Joy Berry Illustrated by Maggie Smith | PEDALS Teacher | |
| <i>Just Helping My Dad</i> by Mercer Mayer | PEDALS Teacher | |
| <i>It's Okay To Be Different</i> by Todd Parr | PEDALS Teacher | |
| <i>I'm Not Your Friend! (Dinofocus)</i> by Steve Metzger, Illustrated by Hans Wilhelm | PEDALS Teacher | |
| <i>How Do Dinosaurs Play with Their Friends?</i> By Jane Yolen, Illustrated by Mark Teague | PEDALS Teacher | |
| <i>Day Care Days</i> by Mary Brigid Barrett, Illustrated by Patti B. Murphy | PEDALS Teacher | |
| <i>Chester Raccoon and the Big Bad Bully</i> by Audrey Penn, Illustrated by Barbara Leonard Gibson | PEDALS Teacher | |
| <i>Can I Play Too?</i> by Mo Willems | PEDALS Teacher | |
| <i>Biscuit Finds a Friend</i> by Alyssa Satin Capucilli and Pat Schories, Illustrated by Pat Schories | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>Bear's New Friend</i> by Karma Wilson Illustrated Jane Chapman | PEDALS Teacher | |
| <i>Bat's Big Game</i> by Aesop, Retold by Margaret Read MacDonald, Illustrated by Eugenia Nobati | PEDALS Teacher | |
| <i>Join In and Play</i> by Cheri J Meiners | Second Step | A young girl shows how she joins others at play by talking and listening with respect, and by playing fairly. |
| <i>I Want to Play</i> by Elizabeth Crary, illustrated by Marina Megale | Second Step | Danny wants to join the other kids in their play. In this interactive story, the reader helps Danny decide what to do. |
| <i>A Splendid Friend Indeed</i> by Suzanne Bloom | Second Step | Goose wants to be Bear's friend. He just doesn't know how to do it. After several failed attempts at joining Bear in his activities, Goose finally finds the right approach and they become splendid friends indeed! |
| Lesson 23: Saying the Problem | | |
| <i>The Playground Problem</i> by Margaret McNamara, Illustrated by Mike Gordon | PEDALS Teacher | |
| <i>When Sophie Gets Angry—Really, Really Angry</i> by Molly Bang | PEDALS Teacher | |
| <i>Today I Feel Silly: And Other Moods That Make My Day</i> by Jamie Lee Curtis, Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>The Very Hungry Caterpillar</i> by Eric Carle | PEDALS Teacher | |
| <i>The Ugly Duckling</i> by Hans Christian Andersen | PEDALS Teacher | |
| <i>The Nose Book</i> by Al Perkins, Illustrated by Joe Mathieu | PEDALS Teacher | |
| <i>The Giant Turnip</i> by Melanie Smit | PEDALS Teacher | |
| <i>The Family Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Baby That Roared</i> by Simon Puttock, Illustrated by Nadia Shireen | PEDALS Teacher | |
| <i>Tails Are Not for Pulling</i> by Elizabeth Verdick, Illustrated by Marieka Heinlen | PEDALS Teacher | |
| <i>Silly Sally</i> by Audrey Wood | PEDALS Teacher | |
| <i>Ready to Play!: A Tale of Toys and Friends, and Barely Any Bickering</i> by Stacey R. Kaye, illustrated by Elizabeth O. Dulemba | PEDALS Teacher | |
| <i>Otto Goes to Bed</i> by Todd Parr | PEDALS Teacher | |
| <i>My Many Colored Days</i> by Dr. Seuss, Illustrated by Steve Johnson and Lou Fancher | PEDALS Teacher | |
| <i>Mine! Mine! Mine!</i> By Shelly Becker, Illustrated y Hideko Takahashi | PEDALS Teacher | |
| <i>Me Too!</i> by Mercer Mayer | PEDALS Teacher | |
| <i>May I Bring a Friend?</i> by Beatrice Schenk de Regniers, illustrated by Beni Montresor | PEDALS Teacher | |
| <i>Little Critter I Am Sharing</i> by Mercer Mayer | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>Letter J: Jaguar's Jamboree</i> by Helen H. Moore, Illustrated by Ellen Joy Sasaki | PEDALS Teacher | |
| <i>Ladybug Girl and Bumblebee Boy</i> by Jacky Davis and David Soman | PEDALS Teacher | |
| <i>Just Helping My Dad</i> by Mercer Mayer | PEDALS Teacher | |
| <i>It's Mine!</i> By Leo Lionni | PEDALS Teacher | |
| <i>Have You Filled a Bucket Today?</i> by Carol McCloud, illustrated by David Messing | PEDALS Teacher | |
| <i>Green Eggs and Ham</i> Written and Illustrated by Dr. Seuss | PEDALS Teacher | |
| <i>Caps for Sale: A Tale of a Peddler, Some Monkeys and Their Monkey Business</i> Written and Illustrated by Esphyr Slobodkina | PEDALS Teacher | |
| <i>Bear's New Friend</i> by Karma Wilson Illustrated Jane Chapman | PEDALS Teacher | |
| <i>Animal Strike at the Zoo: It's True!</i> by Karma Wilson, Illustrated by Margaret Spengler | PEDALS Teacher | |
| <i>A Splendid Friend Indeed</i> by Suzanne Bloom | PEDALS Teacher | |
| <i>A Letter to Amy</i> Written and Illustrated by Ezra Jack Keats | PEDALS Teacher | |
| <i>Talk and Work It Out</i> by Cheri J Meiners | Second Step | The children in this book demonstrate calming down when you have strong feelings before solving problems. They then use words to say the problem, before they think of solutions. |
| <i>I Have a Little Problem, Said the Bear</i> by Heinz Janisch and Silke Leffler | Second Step | Bear has a problem and everyone he meets has solutions! However, nobody listens to Bear long enough to hear him say what is really the problem. This story stresses the importance of clearly saying the problem before coming up with solutions. |
| Lesson 24: Thinking of Solutions | | |
| <i>There's an Alligator Under My Bed</i> by Mercer Mayer | PEDALS Teacher | |
| <i>The Playground Problem</i> by Margaret McNamara, Illustrated by Mike Gordon | PEDALS Teacher | |
| <i>Who's That?</i> by Isobel Gamble and Tim Warnes | PEDALS Teacher | |
| <i>When I Feel Angry</i> by Cornelia Maude Spelman, Illustrated by Nancy Cote | PEDALS Teacher | |
| <i>Tippu's Big Disappointment</i> by Jane Carruth, Illustrated by Tony Hutchings | PEDALS Teacher | |
| <i>The Rainbow Fish</i> by Marcus Pfister Herbert, Translated by J. Alison James | PEDALS Teacher | |
| <i>The Night Before Summer Vacation</i> by Natasha Wing, Illustrated by Julie Durrell | PEDALS Teacher | |
| <i>The Friendly Bunny (Originally The Scarebunny)</i> by Dorothy Kunhardt, Illustrated by Kathy Wilburn | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>Signs of Spring</i> by Justine Korman, Illustrated by Rob Hefferan | PEDALS Teacher | |
| <i>Peter's Chair</i> Written and Illustrated by Ezra Jack Keats | PEDALS Teacher | |
| <i>Peter Panda Melts Down</i> by Artie Bennett, Illustrated by John Nez | PEDALS Teacher | |
| <i>My Friend and I</i> by Lisa Jahn-Clough | PEDALS Teacher | |
| <i>Mine! Mine! Mine!</i> By Shelly Becker, Illustrated by Hideko Takahashi | PEDALS Teacher | |
| <i>Jack and the Beanstalk</i> by Carol Ottolenghi | PEDALS Teacher | |
| <i>I Have a Little Problem, Said the Bear</i> by Heinz Janisch and Silke Leffler | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns to Listen</i> by Howard Binkow, illustrated by Susan F. Cornelison | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns about Sportsmanship: Winning Isn't Everything</i> by Howard Binkow, Illustrated by Susan Cornelison | PEDALS Teacher | |
| <i>How Do Dinosaurs Play with Their Friends?</i> By Jane Yolen, Illustrated by Mark Teague | PEDALS Teacher | |
| <i>How Do Dinosaurs Go to School?</i> by Jane Yolen, Illustrated by Mark Teague | PEDALS Teacher | |
| <i>Hiccupotamus</i> by Aaron Zenz | PEDALS Teacher | |
| <i>Henry and the Bully</i> by Nancy Carlson | PEDALS Teacher | |
| <i>Have You Filled a Bucket Today?: A Guide to Daily Happiness for Kids</i> by Carol McCloud, Illustrated by David Messing | PEDALS Teacher | |
| <i>Do Like Duck Does!</i> by Judy Hindley, Illustrated by Ivan Bates | PEDALS Teacher | |
| <i>Chicka Chicka Boom Boom</i> by Bill Martin and John Archambault, Illustrated by Lois Ehlert | PEDALS Teacher | |
| <i>A Big Guy Took My Ball!</i> by Mo Willems | PEDALS Teacher | |
| <i>Ready to Play!: A Tale of Toys and Friends, and Barely Any Bickering</i> by Stacey R. Kaye, illustrated by Elizabeth O. Dulemba | Second Step | Emma and Ryan are having typical preschool-aged problems as they are learning how to play together. The adult in this book helps the children use appropriate words to say how they are feeling, say the problem, think of safe solutions, and play fairly. |
| <i>Ladybug Girl and Bumblebee Boy</i> by Jacky Davis and David Soman | Second Step | Lulu and Jack want to play together, but they cannot agree on what to do. Children will enjoy helping Lulu and Jack, and their other friends that join them, think of safe things that everyone will have fun playing. |
| <i>I Want It</i> by Elizabeth Crary, illustrated by Marina Megale | Second Step | Megan and Amy have a problem: they want to play with the same truck. In this interactive story, the reader helps Megan and Amy think of solutions and explore the consequences of those solutions. |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| 25: Speaking Up Assertively | | |
| <i>When I Was Little: A Four-Year-Old's Memoir of Her Youth</i> by Jamie Lee Curtis Illustrated by Laura Cornell | PEDALS Teacher | |
| <i>What Will I Be?</i> By Nicola Davies, Illustrated by Marc Moutavant | PEDALS Teacher | |
| <i>We're Going on a Lion Hunt</i> by Margery Cuyler, Illustrated by Joe Mathieu | PEDALS Teacher | |
| <i>Waiting for Wings</i> by Lois Ehlert | PEDALS Teacher | |
| <i>The Rainbow Fish</i> by Marcus Pfister | PEDALS Teacher | |
| <i>The Grouchy Ladybug</i> by Eric Carle | PEDALS Teacher | |
| <i>Talk and Work It Out</i> by Cheri J Meiners | PEDALS Teacher | |
| <i>Stone Soup</i> by Healthier Forest Illustrated by Susan Gaber | PEDALS Teacher | |
| <i>Stand Tall, Molly Lou Melon</i> by Patty Lovell, Illustrated by David Catrow | PEDALS Teacher | |
| <i>Speaking Up, Speaking Out: A Student's Guide to Public Speaking</i> by Steven Otfinoski, Illustrated by Carol Nicklaus | PEDALS Teacher | |
| <i>Sometimes I'm Bombaloo</i> by Rachel Vail, illustrated by Yumi Heo | PEDALS Teacher | |
| <i>Shubert's Big Voice</i> by Becky Bailey | PEDALS Teacher | |
| <i>Scat, Cat!</i> by Alyssa Satin Capucilli, Illustrated by Paul Meisel | PEDALS Teacher | |
| <i>Oink?</i> by Margie Palatini, Illustrated by Henry Cole | PEDALS Teacher | |
| <i>Me Too!</i> by Mercer Mayer | PEDALS Teacher | |
| <i>Lucy and the Bully</i> by Clair Alexander | PEDALS Teacher | |
| <i>Leonardo, the Terrible Monster</i> by Mo Willems | PEDALS Teacher | |
| <i>Jack and the Beanstalk</i> by Carol Ottolenghi | PEDALS Teacher | |
| <i>It's Mine!</i> by Leo Lionni | PEDALS Teacher | |
| <i>I Need a Little Help</i> by Kathy Schultz | PEDALS Teacher | |
| <i>I Have a Little Problem, Said the Bear</i> by Heinz Janisch and Silke Leffler | PEDALS Teacher | |
| <i>I Can Cooperate</i> by David Parker, Illustrated by Jill Dubin | PEDALS Teacher | |
| <i>I Am Running Away Today</i> Written and Illustrated by Lisa Desimini | PEDALS Teacher | |
| <i>Howard B. Wigglebottom Learns it's OK to Back Away</i> by Howard Binkow, Illustrated by Susan Cornelison | PEDALS Teacher | |
| <i>Hands Are Not for Hitting</i> by Martine Agassi, Illustrated by Marieka Heinlen | PEDALS Teacher | |
| <i>Easter Mice!</i> by Bethany Roberts, Illustrated by Doug Cushman | PEDALS Teacher | |
| <i>Chrysanthemum</i> by Kevin Henkes | PEDALS Teacher | |

| Unit 4: Friendship Skills | | |
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| Book | Recommended or used by | Description |
| <i>Chester Raccoon and the Big Bad Bully</i> by Audrey Penn, Illustrated by Barbara Leonard Gibson | PEDALS Teacher | |
| <i>Caps for Sale: A Tale of a Peddler, Some Monkeys and Their Monkey Business</i> by Esphyr Slobodkina | PEDALS Teacher | |
| <i>Bucket Filling from A to Z: The Key to Being Happy</i> by Carol McCloud and Caryn Butzke, Illustrated by Glenn Zimmer | PEDALS Teacher | |
| <i>Bear's New Friend</i> by Karma Wilson and Jane Chapman. | PEDALS Teacher | |
| <i>A Bad Case Of Stripes</i> by David Shannon | PEDALS Teacher | |
| <i>What About Bear?</i> by Suzanne Bloom | Second Step | Goose and Bear return with their new friend, Little Fox, in this sequel to <i>A Splendid Friend Indeed</i> . But they have a problem. Little Fox is not nice to Bear and is always trying to leave him out. Goose assertively tells Little Fox that if he wants to play, he has to learn to play with Bear too. |
| <i>Little Lost Owl</i> by Chris Haughton | Second Step | Little Owl has a problem. He fell from his nest, and now he can't find his mom! The story follows Little Owl as he assertively asks various forest creatures for help finding his mom. |

| Unit 5: Transitioning to Kindergarten | | |
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| Book | Recommended or used by | Description |
| Lesson 26: Learning in Kindergarten | | |
| <i>Kindergarten Rocks!</i> by Katie Davis | Second Step | Dexter is about to start kindergarten. He's not scared, but his stuffed dog Rufus is very worried. Rufus is worried about riding the bus, getting lunch, making friends, that his teacher will be mean, and many other things. Dexter's older sister, Jessie, suggests that Dexter give Rufus a hug when he feels worried. She then tells him, "But don't worry, kindergarten rocks!" Soon Dexter and Rufus find out that kindergarten really does "rock!" |
| <i>Let's Get Ready For Kindergarten!</i> by Stacey Kannenberg | Second Step | This practical, interactive book is designed to engage children while focusing on the basic skills required for kindergarten. It not only covers the academic expectations such as knowing the alphabet, counting, shapes, and colors, but it also covers the social expectations such as knowing how to share, take turns, listen, and wait patiently. |
| <i>Welcome to Kindergarten</i> by Anne Rockwell | Second Step | Tim is nervous about his first day of kindergarten. It seems so big and scary! Tim and his mother then visit his new classroom and meet his new teacher, where they find out about all the new things and ways that kindergarteners learn. Tim decides that kindergarten is not so big and scary after all. He can't wait to start school! |
| <i>Abiyoyo</i> by Pete Seeger, Illustrated by Michael Hays | PEDALS Teacher | |
| <i>Chicka Chicka Boom Boom</i> by Bill Martin and John Archambault, Illustrated by Lois Ehlert | PEDALS Teacher | |
| <i>Clifford Goes to Dog School</i> by Norman Bridwell | PEDALS Teacher | |
| <i>Countdown to Kindergarten</i> by Alison McGhee, Illustrated by Harry Bliss | PEDALS Teacher | |
| <i>Counting Leopard's Spots: And Other Animal Stories</i> by Hiawyn Oram, Illustrated by Tim Warnes | PEDALS Teacher | |
| <i>David Goes to School</i> Written and Illustrated by David Shannon | PEDALS Teacher | |
| <i>Do Like a Duck Does!</i> by Judy Hindley, Illustrated by Ivan Bates | PEDALS Teacher | |
| <i>Franklin Goes to School</i> by Paulette Bourgeois, Illustrated by Brenda Clark | PEDALS Teacher | |
| <i>In One Ear, Out the Other</i> by Michael Dahl, Illustrated by Migy | PEDALS Teacher | |
| <i>It's Time for Kindergarten PJ and Parker</i> by Patricia Anderson | PEDALS Teacher | |
| <i>Kindergarten ABC Book</i> Written and Illustrated by Jacqueline Rogers | PEDALS Teacher | |
| <i>Look Out Kindergarten, Here I Come</i> by Nancy Carlson | PEDALS Teacher | |
| <i>Miss Bindergarten Celebrates the Last Day of Kindergarten</i> by Joseph Slate, Illustrated by Ashley Wolff | PEDALS Teacher | |

| Unit 5: Transitioning to Kindergarten | | |
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| Book | Recommended or used by | Description |
| <i>Miss Bindergarten Gets Ready for Kindergarten</i> by Joseph Slate, Illustrated by Ashley Wolff | PEDALS Teacher | |
| <i>Miss Nelson Is Missing!</i> by Harry Allard, Illustrated by James Marshall | PEDALS Teacher | |
| <i>Teeth Are Not for Biting</i> by Elizabeth Verdick Illustrated by Marieka Heinlen | PEDALS Teacher | |
| <i>The Night Before Kindergarten</i> by Natasha Wing, Illustrated by Julie Durrel | PEDALS Teacher | |
| Lesson 27: Riding the Kindergarten Bus | | |
| <i>Hello School Bus!</i> by Marjorie Blain Parker, illustrated by Bob Kolar | Second Step | This simple, rhyming text describes the experience of a riding a school bus. The book is for beginning-readers, but also appropriate to read aloud to children. |
| <i>I'm Your Bus</i> by Marilyn Singer, illustrated by Evan Polenghi | Second Step | This friendly rhyming story helps ease young children's fears about riding a school bus for the first time. Children learn all about the day of school bus along with some important safety rules. |
| <i>Staying Safe On the School Bus</i> by Joanne Mattern | Second Step | Clear, color photos and simple text show children what to expect when riding a school bus for the first time, and teach them how to ride the school bus safely. |
| <i>Chrysanthemum</i> by Kevin Henkes | PEDALS Teacher | |
| <i>Don't Let the Pigeon Drive the Bus!</i> by Mo Willems | PEDALS Teacher | |
| <i>Froggy Goes to School</i> by Jonathan London, illustrated by Frank Remkiewicz | PEDALS Teacher | |
| <i>Glad Monster, Sad Monster: A Book About Feelings</i> by Ed Emberley, Anne Miranda | PEDALS Teacher | |
| <i>Hedgehog Goes to Kindergarten</i> by Lynne Marie, Illustrated by Anne Kennedy | PEDALS Teacher | |
| <i>How Are You Feeling?: Foods with Moods</i> by Saxton Freymann and Joosy Eiffers | PEDALS Teacher | |
| <i>Look Out Kindergarten, Here I Come</i> by Nancy Carlson | PEDALS Teacher | |
| <i>Molly Rides the School Bus</i> by Julie Brillhart | PEDALS Teacher | |
| <i>My First Day of Kindergarten</i> by Kristin Minuto | PEDALS Teacher | |
| <i>Off to Kindergarten</i> by Tony Johnston, Illustrated by Melissa Sweet | PEDALS Teacher | |
| <i>Oh, the Places You'll Go!</i> by Dr. Seuss | PEDALS Teacher | |
| <i>On Monday When It Rained</i> by Cheryl Kachenmeister, Illustrated by Tom Berthiaume | PEDALS Teacher | |
| <i>Otto Goes to Bed</i> by Todd Parr | PEDALS Teacher | |

| Unit 5: Transitioning to Kindergarten | | |
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| Book | Recommended or used by | Description |
| <i>Pirates Go to School</i> by Corinne Demas, Illustrated by John Manders | PEDALS Teacher | |
| <i>This Is the Way We Go to School</i> by Edith Baer, Illustrated by Steve Bjorkman | PEDALS Teacher | |
| <i>What About Bear?</i> by Suzanne Bloom | PEDALS Teacher | |
| <i>When I Feel Angry</i> by Cornelia Maude Spelman, illustrated by Nancy Cote | PEDALS Teacher | |
| <i>Will I Have a Friend?</i> Written by Miriam Cohen Illustrated by Lillian Hoban | PEDALS Teacher | |
| Lesson 28: Making New Friends in Kindergarten | | |
| <i>Meet the Barkers: Morgan & Moffat Go to School</i> by Tomie dePaola | Second Step | Moffie and Morgie are twins. They are just starting kindergarten. Moffie is determined to be the best in the class, while Morgie is quietly making friends. Moffie and Morgie soon learn from each other the importance of doing well in school as well as making and keeping friends. |
| <i>Sumi's First Day of School Ever</i> by Soyung Pak, illustrated by Joung Un Kim | Second Step | Sumi is a young Korean child that doesn't speak English. She is nervous about her first day of school in America. Sumi feels lonely and afraid. But soon a kind teacher and friendly classmate reach out to Sumi, giving her a sense of belonging. This book is good not only for easing the fears of English-language learners starting school in a new country, but also for conveying the importance of being inclusive, kind, and making new friends to all children. |
| <i>Will I Have a Friend?</i> by Miriam Cohen, illustrated by Ronald Himler | Second Step | This recently updated (2009) classic tale addresses many children's fears about making new friends in kindergarten. The boy in this story enters his new school anxious about whether or not he will have a friend. He spends the day listening, watching, waiting, and then finally finds a friend by sharing |
| <i>Chester's Way</i> by Kevin Henkes | PEDALS Teacher | |
| <i>Don't Eat The Teacher</i> by Nick Ward, Illustrated by Monica Gesue | PEDALS Teacher | |
| <i>Froggy Goes to School</i> by Jonathan London, Illustrated by Frank Remkiewicz | PEDALS Teacher | |
| <i>Hands Are Not for Hurting</i> by Nora Gaydos, Illustrated by Akemi Gutierrez | PEDALS Teacher | |
| <i>Look Out Kindergarten, Here I Come</i> by Nancy Carlson | PEDALS Teacher | |
| <i>Making Choices and Making Friends: The Social Competencies Assets</i> by Pamela Espeland and Elizabeth Verdick | PEDALS Teacher | |
| <i>Making New Friends</i> by Tony Hutchings | PEDALS Teacher | |
| <i>New Bear at School</i> by Carrie Weston Illustrated by Tim Warnes | PEDALS Teacher | |
| <i>Off to Kindergarten</i> by Tony Johnston, Illustrated by Melissa Sweet | PEDALS Teacher | |
| <i>Pete the Cat: I Love My White Shoes</i> by Eric Litwin | PEDALS Teacher | |
| <i>The Berenstain Bears Go to School</i> by Stan Berenstain | PEDALS Teacher | |

| Unit 5: Transitioning to Kindergarten | | |
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| Book | Recommended or used by | Description |
| <i>The Best Friends Book</i> by Todd Parr | PEDALS Teacher | |
| <i>The Night Before Kindergarten</i> by Natasha Wing, Illustrated by Julie Durrel | PEDALS Teacher | |
| <i>The Peace Book</i> by Todd Parr | PEDALS Teacher | |
| <i>Tumble Bumble</i> Written and Illustrated by Felicia Bond | PEDALS Teacher | |
| <i>Welcome to Kindergarten</i> by Anne Rockwell | PEDALS Teacher | |
| <i>Why Should I Share?</i> by Claire Llewellyn, illustrated by Mike Gordon | PEDALS Teacher | |